



CAPE CONFERENCE ACHM NEWSLETTER

16-22 April 2023



Adventist Children's Ministries



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...and more



GRACELINK LESSONS



Read this week's Mission Story : [click here](#)

Beginner Class "The Great Parade"

Memory Verse: "Sing to the Lord."
Psalm 98:1

■ Student's Lesson: [Click Here](#)

■ Teacher's Lesson: [Click Here](#)

■ Video: [Click Here](#)

Kindergarten Class "Promises Are for Keeping"

Memory Verse: "We have
promised by the Lord that we will
be friends" ~ 1 Samuel 20:42

■ Student's Lesson: [Click Here](#)

■ Teacher's Lesson: [Click Here](#)

■ Video: [Click Here](#)

Primary Class "The Great Escape"

Memory Verse: "Peter was kept in
prison, but the church was
earnestly praying to God for him" ~
Acts 12:5

■ Student's Lesson: [Click Here](#)

■ Teacher's Lesson: [Click Here](#)

■ Video: [Click Here](#)

Powerpoints Class ""Repairing Walls"

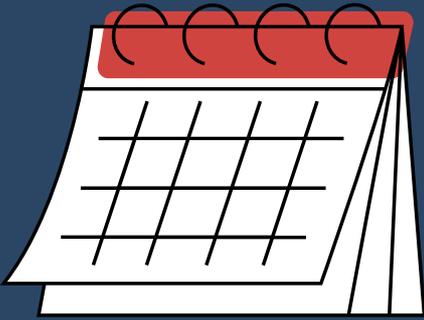
PowerText: ""And if you spend
yourselves in behalf of the hungry and
satisfy the needs of the oppressed,
then your light will rise in the
darkness, and your night will become
like the noonday" ~ Isaiah 58:10

■ Student's Lesson: [Click Here](#)

■ Teacher's Lesson: [Click Here](#)

If you want more on the GraceLink site [click here](#)

Upcoming Calendar Events



Calendar 2023

MAY

27 World Day Of Prayer for Children at Risk

JULY

22 Children's Sabbath

AUGUST

26 End It Now

OCTOBER

28 Creation Sabbath

NOVEMBER

18 World Orphans and Vulnerable Children Day

For more information on the upcoming events for 2023 [Click here](#)

Feature of the week

THEMBALETHU SDA CHURCH



If you would like to share pictures of your Children's Ministries programs please email them to resourcescc22@gmail.com

TIP OF THE WEEK

How to talk to your children about the death of a loved one



The death of a loved one is painful and complicated for adults, but for children facing a loss for the first time it can be as confusing as it is upsetting.

How do children grieve?

Remember, there is no “correct” way to grieve, and no specific stages in which different emotions or behaviours should appear. Children’s reactions will vary enormously depending on their age, their intellectual ability, their relationship with the person who died, how other family members are responding and the culture and society in which they live.

Small children under the age of 5 years often do not understand that death is permanent (until Jesus comes) and may ask if the person who has died is coming back. They may exhibit other behaviours such as clinging to their caregiver or show some regressive behaviours like wetting the bed. These behaviours are very common and will usually stop after a certain amount of time has passed.

Older children between the ages of 6 and 11 years start to understand that death is forever (until Christ comes) (though some 6-year-olds will still struggle with this concept) and may worry that other loved family members and friends will die. They may start to ask more questions and want to understand what happened. They may show their grief through anger and experience physical aches or pains.

Adolescents and young teenagers from around the age of 12 years understand that death is irreversible and happens to everyone, including themselves. They are often interested in understanding why things happen. Their reactions will vary and can include apathy, anger, extreme sadness and poor concentration.

How do I tell my child that their loved one has died?

The most important thing is not to hide the truth and not to delay the truth. It is natural to want to protect your child, but it is best to be honest.

Try to find a safe and quiet place to speak to your children and think through what you are going to say. Ask the children to sit with you. If it is a young child and they have a favourite object, toy or comforter they like to carry, let them have it. Speak slowly and pause often, to give them time to understand, and to give yourself time to manage your own feelings.

Be empathetic and be honest with children of all ages, but make sure to be especially clear with young children and do not include euphemisms. Saying something like “we ‘lost’ someone” will further confuse a young child because they won’t understand what that means. Psychologist Dr. Lisa Damour recommends the following: “It’s more useful for adults to warmly and tenderly say: ‘I have some very sad news to share. Your grandparent has died. That means his body stopped working, and we won’t get to see him again (but we hope that when Jesus come back we will).’ It can be hard for parents to use such direct language, but it’s important to be honest and transparent.”

You will need to give children time to absorb this information. Young children may react by appearing not to listen. Be patient and wait for their attention. Also be prepared for younger children to ask the same questions again and again, both at this moment and over the days and weeks to come.

Check for any “magical” thinking. Some children may worry that they said or did something that caused the death. Children of all ages may feel guilty, so check to see if they feel responsible in any way.

You could ask: “Are you worried that Daddy has died because of anything you said or did?” Explain in simple terms what happened and reassure them that they are not to blame. For example: “You did nothing wrong. It was a germ that made Daddy sick and stopped him breathing. He could have caught it anywhere. There was nothing anyone could do, and nobody is to blame.”



CONFERENCE EVENTS



CAPE CONFERENCE ADVENTIST CHILDREN'S MINISTRIES



Leadership Training Dates 2023

Mission Statement

The Mission of the Children's Ministries Department is to nurture children into a loving, serving relationship with Jesus.

Our Philosophy

Children's Ministries looks at the whole child and seeks to provide multiple ministries that will lead children to Jesus and disciple them in their daily walk with Him.

LEVEL 1 5 February

LEVEL 2 12 March

LEVEL 3 2 April

LEVEL 4 7 May

LEVEL 5 4 June

LEVEL 6 2 July

LEVEL 7 20 August

LEVEL 8 10 September

LEVEL 9 1 October

LEVEL 10 5 November

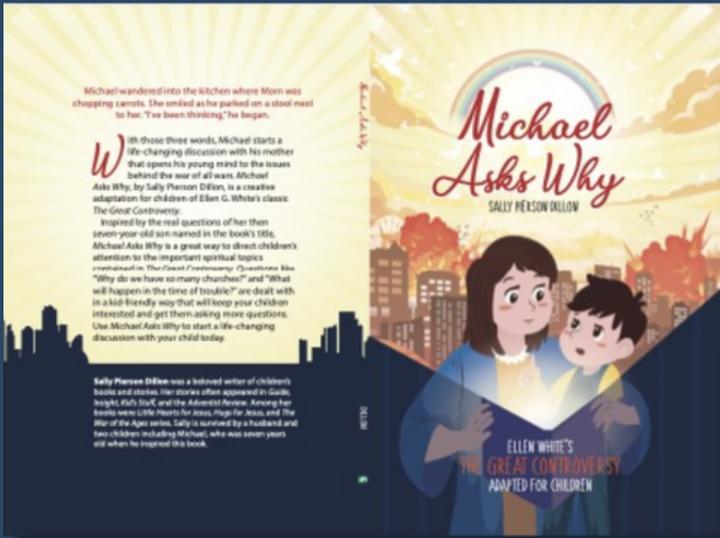
LEVEL 11 3 December



Trainings will take place via  zoom

For queries please email **Pr C Liebrandt**
Email: Liebrandtc@cc.adventist.org

RESOURCES



The Yearbook for 2023 is titled;
"Michael Asks Why" by Sally Pierson Dillion.

To Download the book [Click Here](#)

(28 Fundamental Beliefs for Children)

Download the **28 Fundamental Beliefs for children (God Loves me 28 ways) lessons:** [click here](#)

(VBS RESOURCES)

Download resources for **VBS**

[click here](#)

(Children's Mental Health Presentation)

Download the **Children's Mental Health Presentation** [click here](#)

Or watch it on YouTube [click here](#)

Bullying Presentation}

Download the Bullying Presentation slides [click here](#)

Or watch its recording [click here](#)



FUN FACTS FOR KIDS

Tel Aviv



This month we are sharing facts about different cities and we are also praying for them. We challenge you to also find out more about your city and pray for it as well.

DID YOU KNOW?

- Tel Aviv is one of the cities in Israel.
- The city's name is composed of 2 words: Aviv- which means springtime. The 2nd word is a Tel, which is an archaeological site.
- Tel Aviv was the first modern Hebrew city.
- It's called "The World's Vegan Food Capital."
- It has 544 active synagogues where Jewish people can go to worship God.

PRAYERS

Pray for the People

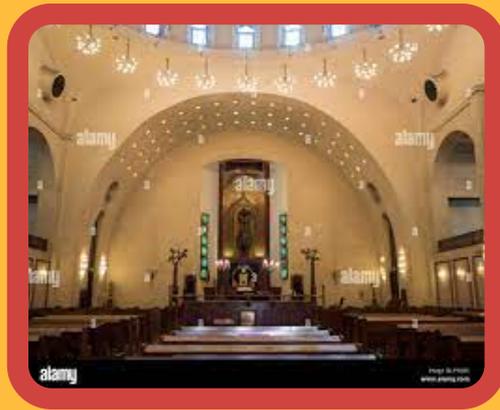
"Heavenly Father, please keep knocking on the heart's door of the people who call Tel Aviv home. Let them know You love them even though they may not know or understand You."

Pray for the Leaders

"Dear God, please impress on the hearts of Israel's leaders their need for You and Your love. It may help them deal with problems past and present within their country."

Pray for the Missionaries

"Heavenly Father, please impress on the minds of the missionaries in Tel Aviv what they need to do to share your love and to bring comfort and hope to those who need it most."



[Download the Tel Aviv placemat: Click Here](#)

CREATIVE CORNER

WAFFLES

Ingredients

- 4 cups rolled oats
- ½ cup ground flaxseed
- ½ cup shredded coconut
- ½ tsp salt
- 1 tsp vanilla
- 5 whole, pitted dates
- 5 cups of water



Instructions

1. Preheat waffle iron (or grill pan).
2. Blend all ingredients in a blender until smooth and let the mixture rest for about 5 minutes.
3. Pour into preheated waffle iron and cook until golden brown.
4. Top with maple syrup, peanut butter, and applesauce, or fresh fruit and PEAR CREAM.



WORD SEARCH

Find the words on the list that are hidden in the puzzle. The words can be left to right, up and down, or diagonally.

This activity is downloadable in PDF with answers. [Click Here](#)

L	I	S	I	M	E	S	S	I	A	H	D
U	N	T	A	L	I	Q	U	A	T	U	T
H	O	R	E	R	S	M	C	T	J	M	O
O	U	C	O	M	M	A	N	D	E	D	S
L	O	N	S	E	Q	R	I	S	S	A	N
Y	R	E	V	E	L	Y	X	R	U	D	R
T	I	O	N	N	E	D	I	A	S	R	E
M	A	R	R	I	A	G	E	E	C	E	E
T	U	E	D	O	L	M	E	L	I	A	U
S	P	I	R	I	T	G	E	I	T	M	U
L	A	O	R	E	M	R	S	I	T	E	R
S	G	N	A	N	G	E	L	A	T	V	E

ANGEL
COMMANDED

DREAM
HOLY

JESUS
MARRIAGE

MARY
MESSIAH

NAME
SPIRIT



Pastor Cordell Liebrandt
Director
Women and Children Ministries
Cape Conference
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